



Nature Walk Talk

1 year to 2 years

Objective: The child can recognize objects in nature after being shown and told.

Materials needed:

You and your child!
The great outdoors!

Procedures:

1. Go outside for this activity.
2. Begin by telling your child where you are: "We are outside. Can you say outside?"
3. Then, start pointing to different objects in nature that you see, such as: trees, grass, plants, flowers, sun, clouds, cars, rocks, dirt, water, buildings, bugs, cactus, snow, and ect.
4. Depending on where you live, you can see less or more of these listed in #3.
5. To teach: point to the object and say its name to your child. Always use the phrasing such as: "That is a _____. Can you say _____?"



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6. Ask your child what they see or point to something they like. Say the objects name for them to gain understanding of what it is called that they are pointing to or looking at.

7. **Optional:** Take a walk around the neighborhood and do this same way of teaching to things you may see or come across.

8. Always remember when talking to your child: Talk slowly, surely, and specifically. The longer you draw out words and sounds, the easier it is for them to hear and build their language capacity and speech skills.

Milestones to meet:

The child begins to recognize objects in nature through word association. The child tries to "say" or repeat words of objects in nature they see.

Evaluation:

Did this lesson work for your child? Why or why not?