



Color and Mail It 4 years to 5 years

Objective: The child builds their fine motor skills through drawing a picture. The child shows social skills through mailing a letter to someone they know.

Materials needed:

Color and Mail It Letter (printable)

1 white sheet of paper

Crayons or Markers

Mailing stamp (1 postage)

Envelope

Procedures:

1. Have your child sit at a small table.
2. Put the printed out mail letter in front of them and the white sheet of blank paper.
3. Tell them they get to draw a picture and write a letter for someone they love. Go through some people and ask who they want to mail it to. (grandma, grandpa, aunt, uncle, friend, ect.)
4. Give them the colors. Tell them to draw a picture for whomever you both have decided to mail it to on the blank white sheet of paper.



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6. Now have your child write a letter on the "mail letter" sheet.

7. If your child can not write yet, then ask your child, "What do you want to tell ___?" Write down their answer on the paper. (as if the child was "writing a letter" and telling the person what they wanted to say, but you write what your child says.

7. Have your child sign their own name on it.

8. Fold up the picture and letter, put it in an envelope, write the address of whomever you have chosen to mail it to, add a stamp, and mail it out.

Milestones to meet:

The child builds fine motor skills through drawing a picture. The child builds social awareness through mailing a letter to someone they care about. The child can tell what they think and/or write a letter.

Evaluation:

Did this lesson work for your child? Why or why not?