



Color and Mail It

3 years to 4 years

Objective: The child builds their fine motor skills through drawing a picture. The child shows social skills through mailing a letter to someone they know.

Materials needed:

White sheet of paper

Crayons or Markers

Mailing stamp (1 postage)

Envelope

Procedures:

1. Have your child sit at a small table.
2. Put the sheet of paper in front of them.
3. Tell them they get to draw a picture for someone they love. Go through some people and ask who they want to mail a picture to. (grandma, grandpa, aunt, uncle, friend, ect.)
4. Give them the colors and tell them to draw a picture for whomever you both have decided to mail it to.
5. Write their name and date on the picture; let child write their own name too.



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6. Ask child: "What do you want to tell _____?"

Write down their answer on the paper. (as if the child was "writing a letter" and telling the person what they wanted to say, but you write what your child says. At this age, most children are not able to actually write yet; other than their own name.

7. Fold up the picture, put it in an envelope, write the address of whomever you both have chosen to mail it to, post it with a stamp, and mail it off.

8. Shhh!!! Don't tell them it's coming. They will be so happy to receive this picture letter from them!

Milestones to meet:

The child builds fine motor skills through drawing a picture. The child builds social awareness through mailing a letter to someone they care about and telling them why they love them.

Evaluation:

Did this lesson work for your child? Why or why not?