



# Coloring A Book

## Ages 1 year—2 years

**Objective:** The child begins to build fine-motor skills to color a page.

**Materials needed:**

Coloring Book (printable)

Crayons or Markers

**Procedures**

1. Have your child sit in their highchair for this lesson or a small table.
2. Put the book printable in front of your child on their tray. Say the word while pointing to the picture "book" to your child. Say and point to each of the letters/shapes on the page. Such as ABC, shapes, and the numbers 123 to teach.
3. Help child grasp crayon/marker and make marks on the sheet of paper.
4. Show your child to model what it is you want them to do. Take the crayon/marker and color on the book to show child.
5. Watch as your child will try to do it with you. If they do not, grab their hand and help them.



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5. Continue coloring the book sheet with your child until they no longer show any interest.

### **Milestones to meet:**

The child begins to build fine-motor skills and hand-eye coordination by grasping a crayon/ marker and making marks on a sheet of paper. The child builds creativity skills.

### **Evaluation:**

Did this lesson work for your child? Why or why not?