



# Snack Math

## Ages 4 years—5 years

**Objective:** The child will be able to count, make patterns, sort, & recognize colors; building early math skills.

### Materials needed:

Fruit Loops Cereal  
Colored Gold Fish Crackers

### Procedures:

1. Before hand, sit with your child at a small table.
2. Put a handful of Fruit Loops Cereal on the table.
3. Have child help you sort the different colors out into their own groups. Such as all of the blue cereals go together and all of the red cereals go together.
4. As you are sorting the cereal pieces into colored groups, ask that colors name to your child.
5. Once the handful of cereal pieces have been color-sorted, count how many groups you have with your child. Point while counting.
6. Now count the amount of each color cereals you have. Such as counting all of the red cereals in



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the group.

7. Go through and point while saying each of the colors of groups you see to your child. Ask child to say the colors name again with you.
8. Using the colored Gold Fish, show child how you can make colored patterns with them. Such as, yellow, red, yellow, red, ect. You can also have your child sort the colors into groups, count them, or practice adding and subtracting using them!
9. They can then eat the Gold Fish and Fruit Loops cereal for snack! Only allow your child to eat these for snack if they are not allergic to them.

### **Milestones to meet:**

The child can count. The child can recognize their colors. The child learns early math skills through counting and colors. The child can sort colors. The child begins to learn how to make patterns.

### **Evaluation:**

Did this lesson work for your child? Why or why not?