



Play Dough Letters

Ages 1 year—2 years

Objective: The child uses their senses to explore dough and builds early literacy skills.

Materials needed:

Dough (any kind) *Do only if not-allergic*

Small popsicle sticks (optional)

Procedures

1. Have your child sit in their highchair.
2. Place the dough on a tray. Flatten it out with your hands. Encourage your child to touch it. Use adjective words to describe what it feels like.
3. Build early literacy skills by making letters with the dough. Roll it like a "worm" shape and use it to design letters on the tray in front of child. Picture to show example is on next page.
4. As you make a letter, say that letter to your child. Make the letters in your child's name, or just random letters of the alphabet to teach. Ask child to try and repeat letters name.
5. Watch and let your child feel the dough freely; this is how they learn, by doing and experimenting on own.



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6. You can also use small popsicle sticks to make letters in the flattened out play dough, such as shown in the picture below.



Milestones to meet:

The child builds early literacy development after seeing and hearing letters written in dough.

Evaluation:

Did this lesson work for your child? Why or why not?