



Name My Clothes

Ages 1 year—2 years

Objective: The child begins to recognize familiar types of clothing worn in their environment.

Materials needed:

Small box

Articles of clothing from your child: (all or any)

- Shirt/Jacket
- Shoes/Socks/Hose
- Diaper
- Shorts/Pants/Skirts
- Belt
- Hat/Bows
- Bathing suit/Pajamas

Procedures:

1. Sit with your child on the floor. Place all of the articles of clothing in a box.
2. Pull them out one at a time and show them one at a time to your child.
3. While showing, tell them what each clothing item is and where it belongs on your body.
4. Tell your child what kind of weather we wear it in. Such as, showing a jacket, you would say "Cold."



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5. Once you pull one article of clothing out of the box at a time, say its name, encourage your child to repeat the word after you. I.e. "Can you say shirt?"

6. **Optional:** If available and applicable, put on and show your child **very distinct articles of clothing that represent your culture.** Such as: Shawls, Head dress pieces, scarfs, India female sari's, Western wear (cowboy hats or boots), jewelry, Military uniforms (for those who serve this is a form of a culture or way of life).

Milestones to meet:

The child begins to recognize and learn the names of familiar clothing in which they wear. The child shows a willingness to try and repeat the names of clothing.

Evaluation:

Did this lesson work for your child? Why or why not?