



5 Senses

Ages 3 years—4 years

Objective: Given different objects, the child will explore and use their senses to describe.

Materials needed:

- Empty water bottles (filled half way with rice and beans) (Use as a noise maker for sounds)
- Hard and Soft items for feeling (I. e. large cotton balls, large rocks, wash cloths, hard books)
- Sweet, sour, salty foods (for tasting)
- Magazine with a lot of pictures for seeing
- Baby lotion for smelling

Procedures

1. Use the materials above to explore your child's five senses with them.
2. The baby lotion, rub on their hands and ask them to smell it. Discuss and ask your child how they think it smells? Teach and ask child, "What do you smell with?" A: Nose
3. The magazine pictures, sit with your child and flip through the pages, looking at and discussing



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the pictures together. Use describing words and easy vocabulary when teaching child what they see.

4. The food, let your child try a few different

flavors, and ask your child what they may taste.

Such as; "Yummy, yogurt taste sweet. Yuck, lemons taste sour. Crackers are salty and bland."

5. Hard and soft items, use to teach your child how to touch the objects. Ask child to use words to describe how each object may feel, soft or hard.

6. The water bottle shaker, use to teach noises and sounds to your child. Have your child shake it fast and slow, loud and quiet, to teach those concepts.

Ask child to describe the sounds they hear.

Milestones to meet:

The child can use their senses to explore things and associate meaning to known objects. The child uses describing words to show thought-processes.

Evaluation:

Did this lesson work for your child? Why or why not?