



Learning Your Name

Ages 1 year—2 years

Objective: The child begins to recognize the letters in their name after finger painting them.

Materials needed:

Baby food as a form of finger paint (any color)

White paper

Procedures

1. Sit your child in their highchair, wearing old clothing or go shirtless, for this activity may get messy!
2. You are going to help your child's hand by grabbing it and dipping one finger (index finger) into the baby food "paint."
3. Hold their hand/finger, and write the first letter in your child's name on the paper.
4. Continue dipping their finger in the "paint" and writing each letter in their name on the white sheet of paper, saying each letter out loud as you do so. Continue until their full first name is written out and spelled.



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6. If your child does not show willingness to participate, you dip your index finger in the baby food “paint” and write the letters out in your child’s first name on the sheet of paper. Say each letter as you write it with your finger.

7. You can also do this finger painting activity teaching shapes or numbers to your child on the paper.

Milestones to meet:

The child uses fine-motor skills to make letters using their finger. The child builds early literacy and language print-awareness. The child begins to learn the letters in their name. The child can recognize their name when heard.

Evaluation:

Did this lesson work for your child? Why or why not?