



“I can use my hands”

Ages 4 years—5 years

Objective: The child builds fine-motor skills through tracing and cutting practice.

Materials needed:

Cutting and Tracing (printable)
Marker (something to trace/write with)
Child-friendly Scissors

Procedures

1. Sit with your child at a table.
2. Begin by having your child practice their tracing, by following the lines starting at the green dot, and tracing to the red dot.
3. Have your child complete the tracing activities.
4. Then, have your child practice their cutting with scissors, following along the lines, starting at the green dot, and ending on the red dot.
5. Have your child complete the cutting activities.



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Key points to remember when teaching how to cut:

- Thumb goes in big round hole, pointer and middle finger go in long oval hole.
- Open and close; practice that skills about 10 times before expecting child to begin cutting.
- Hold the scissors in one hand, and the edge of the paper in the other hand.
- Start on green and end on red; left to right.

Milestones to meet:

The child can use fine-motor skills to trace lines. The child begins to understand concepts of print that we read and write from left to right. The child is able to use scissors to cut paper.

Evaluation:

Did this lesson work for your child? Why or why not?