



# Find the Balls

## Ages 1 year—2 years

**Objective:** The child will strengthen their hand-eye coordination and fine-motor skills by finding hidden balls.

**Materials needed:**

Balls (age-appropriate size) \*Small enough to fit under large plastic cups though\* (4)

Large plastic red cups (4)

**Procedures:**

1. Sit with your child on the floor, in any area where there are no distractions.
2. Start by letting your child freely play and discover with the balls and cups on their own. See what they do on their own, this is how they learn, by doing.
3. Then, place the four cups upside down on the floor. Place the four balls underneath the empty cups. Encourage your child to lift up the cups and find the hidden balls.



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4. Make it more of a challenge. Take away 2 of the balls, and only put 2 balls under 2 of the 4 red cups. Encourage your child to find the 2 balls; lifting each of the cups up in order to do so. Switch up which cups has the balls underneath them to build further learning in your child.
5. Allow them to try and hide the balls under the cups; or watch to see if they do willingly on their own as a form of mimicking your actions.
6. When your child finds the balls, clap and cheer to build positive encouragement and confidence.

### **Milestones to meet:**

The child uses hand-eye coordination to lift up cups to find hidden balls. The child uses fine-motor skills to pick up and hold cups and balls.

### **Evaluation:**

Did this lesson work for your child? Why or why not?