



Feelings

Ages 3 years—4 years

Objective: The child will make awareness and imitate emotions after seeing pictures of faces.

Materials needed:

Feelings Cards (printable)

Something for child to write with

Procedures

1. Sit at a table with your child.
2. Cut up the feelings picture cards individually before teaching. Stack together.
3. Go through each of them one at a time with your child looking at the faces.
4. The goal for this lesson is to teach and look at the different facial emotional responses and encourage child to imitate what they see.
5. As you look at each feelings picture card, point to it and ask child what kind of emotion they may see. Ask child to tell you. I.e. "Do you see a sad face?" or "Can you make a sad face with mommy?"



Feelings

Ages 3 years—4 years

7. Mimic the facial expression on the picture card with your face and encourage child to do it with you.

8. Go through each feeling word, saying and pointing to each letter with your child. Help child match the word to the correct facial picture card it shows.

Then, have child trace the bubble letters in each word; as they spell it out while tracing.

8. Extension Activity: Go through a magazine pointing to and asking your child to name the kinds of emotional facial expressions they see in the pictures. I.e. Asking child, "how does this person feel?"

Milestones to meet:

The child can mimic the emotional responses they see in pictures. The child learns emotional awareness and feelings. The child can trace emotional words and match them to their pictures.

Evaluation:

Did this lesson work for your child? Why or why not?