



Draw Myself

Ages 4 years—5 years

Objective: The child can use fine-motor skills and draws shapes to make a self-portrait.

Materials needed:

2 White sheets of paper

Crayons

Procedures

1. For this lesson, you are going to have your child sit at a table.
2. Start by modeling and telling your child how to draw a picture of themselves. Use shapes to teach how to draw a person. Such as the head is a circle, the body is a square, the arms and legs are rectangles, the hands have 5 fingers and the feet have 5 toes. The eyes, nose, ears are circles. The mouth is a "U".
3. Draw a picture of your child following these guidelines of using shapes to do so.
4. Now put the picture you drew in front of your child, and explain to them to use it as a guide in order to draw their own picture of themselves.



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5. Have your child draw a picture of themselves; teaching to draw it using shapes.

6. Refer back to and focus on your child's specific features, to have your child do when drawing.

Such as, what color their hair and eyes are (have them color it the same as their own), and if their hair is long or short (have them color it the same).

7. Talk with child about what they are wearing, and add those details to the picture.

8. Write your child's name and date on it. Put away for keepsakes!

Milestones to meet:

The child can draw shapes. The child shows creativity. The child can try to draw themselves. The child knows their physical attributes and features.

Evaluation:

Did this lesson work for your child? Why or why not?