



Counting & Coloring Cereal

Ages: 1 Year—2 years

Objective: The child begins to learn how to count and recognize colors, building early math skills.

Materials needed:

Fruit Loops Cereal

Procedures:

1. Before hand, sit your child in their highchair to avoid distractions.
2. Put a handful of Fruit Loops Cereal on the tray.
3. Sort the different colors out into their own groups. Such as all of the blue cereals go together and all of the red cereals go together.
4. As you are sorting the cereal pieces into colored groups, say that colors name to your child. Ask child to repeat you; I.e. "Can you say blue?"
5. Once the handful of cereal pieces have been color-sorted, count how many groups you have to your child. Point while counting. Encourage child to count with you. I.e "Can you count with me?"
6. Now count the amount of each color cereals you have. Such as counting all of the red cereals in



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the group.

7. Go through and point while saying each of the colors of groups you see to your child. Ask child to try and repeat you, saying the colors name again.
8. They can then eat these for snack! Only allow your child to eat these for snack if you feel comfortable they can on their own; or they are not allergic to them.

Milestones to meet:

The child begins to count. The child begins to recognize colors. The child learns early math skills through counting and colors.

Evaluation:

Did this lesson work for your child? Why or why not?