



All About Me

Ages 4 years—5 years

Objective: The child knows specific details about themselves after answering questions.

Materials needed:

All about Me (printable)

Pencil (use to write and fill in blanks)

Procedures

1. For this lesson, you are going to have your child sit at a table.
2. Begin by explaining to child that you will be asking them questions about themselves that they have to answer.
3. You will read them a question and have child think about how they would like to answer or fill in the blank.
4. Complete printable sheet, writing in the blanks your child's answers about themselves.
5. After it has all been read and answered, go back and re-read it in full to your child, so they can hear "all about themselves".
6. Save this in their baby book or album for keepsakes!



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Extension Activity: For more fun, print out another sheet and have your child read you the sentence, and the parent fills in the blank about themselves. Read it back to your child teaching them "this is all about mommy/daddy."

Milestones to meet:

The child can answer questions and fill in blanks with details about themselves. The child learns self-awareness. The child demonstrates understanding of self.

Evaluation:

Did this lesson work for your child? Why or why not?