



“I can color”

Ages 3 years—4 years

Objective: The child can use fine-motor skills to color to music, and follows auditory directions.

Materials needed:

Radio and/or Music

White sheet of paper

Crayons or Markers for coloring

Procedures

1. For this lesson, have your child sit at a table.
2. Encourage your child to color to the music they hear.
3. Explain to child the directions: When the music turns on, they can color to the sounds they hear, fast or slow. When the music turns off, they have to **STOP** coloring and hold their crayon still. When the music comes back on, they can continue to color.
4. Begin teaching and doing activity. Turn music on, tell child to “begin coloring.” Let them color and music play for about 1 minute. Turn it off, tell child “music went off, now stop.” Now repeat, have child follow directions coloring



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when they hear the music off and on.

5. The purpose of this activity is not just for coloring fun and building fine-motor skills, but also to teach your child listening skills and how to follow auditory directions.

6. Continue turning music off and on, having your child color and stop, for about 10-15 minutes, or until your child no longer shows any interest. Make it fun by playing a variety of music genres to encourage a different “feeling” of coloring.

Milestones to meet:

The child can use fine-motor skills to color. The child can listen and follow directions when they hear music on and off.

Evaluation:

Did this lesson work for your child? Why or why not?