



Paint Fun

Ages 4 to 5 years

Objective: The child will create with paint using multiple objects to explore.

Materials needed:

Different color tempera paints (you can also use the "cornstarch finger paint" recipe in the Messy Madness section of the website)

Different types of items to use as "paint brushes" : toothbrushes, straws, plastic spoons, plastic forks, their fingers, turkey baster, sponges, Q-tips, and real paint brushes

White paper

Procedures:

1. Get in a space that you can cover with newspaper or white paper to avoid a mess.
2. Have your child wear an apron or old tee-shirt.
3. Allow for them to get messy and be creative on their own!
4. Put a small amount of one or two colors of paint on a



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paper plate. Rotate colors out frequently, but limiting to one or two colors at a time for your child to limit some of the mess.

5. Give them the objects on the list above of "paint brushes" to use.

6. Let them be creative and use the objects to paint on the white paper.

7. At the end, put two different colors on one plate and let them mix it with their hands and smear it on the white paper. This will be their favorite part!

Milestones to meet:

The child shows a creative willingness

Evaluation:

Did this lesson work for your child? Why or why not? Email me if you have any questions.