



Water Works

Ages 2 years—3 years

Objective: The child will become aware of different feelings when exposed to water and explore ways water can be distributed.

Materials needed:

A big bucket for water (large plastic container)

Lay a towel down underneath

Sponges

Plastic cups

Water squirters (i.e. the baby bath toy kind)

Procedures

1. Fill up the bucket of water half way.
2. Set your child and the water bucket on top of a towel in an easily cleanable area. **Note:** You can also choose to do this lesson activity with your child sitting in the bathtub!
3. Let the child feel the water and play before putting any materials in.
4. Put the sponges in first. See what your child does with them. Then, show them how you



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can squeeze the water out of them to show your child and teach concept "out" and "squeeze". Show child how to squeeze the water from the sponge into the cup.

5. Take out the sponges, put in the cups. Repeat step 4 again, showing them you can fill up the cups and pour them out with water. You can pour water back and forth in each cup to demonstrate distribution and transferring.
6. Put in the water squirters. Have them squirt water into the cups—hand-eye coordination!
7. Let the child be the teacher now. They will have a BLAST playing in water. Add all items!

Milestones to meet:

The child can explore water in different ways. They build understanding of cause and effect.

Evaluation:

Did this lesson work for your child? Why or why not?