



Helping Hands

Ages 4 years—5 years

Objective: The child is able to help with small, easy tasks that are given to them.

Materials needed:

Helping Hands Bingo Activity (printable)

Helping Hands Cards (printable)

Procedures:

1. Cut out the "helping hands cards" on the activity sheet before hand ONLY.
2. The helping tasks are in a "bingo like" formation. Keep them that way on the sheet.
3. Show the helping tasks bingo card to your child.
4. Have them point to 5 tasks they would like to help you with. Say something as simple as "Would you like to help mommy or daddy? You can help me. Can you point to what you want to do?" (task may need to be chosen for them if they do not seem to understand what to do. Explain what to do by picture example on task card)



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5. When pointing to the tasks they would like to help you with, make sure you hand them a "helping hand" card and you can glue it on the task once it is completed.

6. Complete the task together. Glue on hand.

7. Keep this same pattern going until all five tasks your child chose are complete.

8. You should have a great, little helper and five helping hands when this activity is all finished.

The reward of getting to put a "helping hand" on the bingo card is what will keep your child from not wanting to "give up" on this helpers game!

Milestones to meet:

The child can help with tasks and makes the connection to visual cues and real-life scenarios by following the directions.

Evaluation:

Did this lesson work for your child? Why or why not?