

Objective: The child will use their hands and feet to create and imprint.

Materials needed:

Marker to Write "Happy Valentine's Day" White paper

Red and White Paint (if you don't have paint at home, you can use white glue, red food coloring, and a small amount of water to mix together to make it)

Procedures:

- 1. Using the paint, either all one color, or one color on each hand, apply paint with a brush or your finger to your child's hands (both).
- 2. On the white paper, take both of your child's hands and put them together with their palms touching, hands slightly facing outwards making a heart-like shape. You may have to overlap their hands to get the full effect of a heart.



Fingers should be facing up-wards and closed.

- 3. When you are done, wash their hands thoroughly. And yours, too!
- 4. Do this same way of painting and printing using their feet on the white paper, making a heart print. (Toes up; feet touching at heals only)
- 5. You can have them (or you do it) sign their name on it and write out "Happy Valentine's Day"
- 6. This is a cute keepsake for your child's baby book. Happy Valentine's Day Mom and Dad!

Milestones to meet:

The child uses their body parts to engage in creative forms.

Evaluation:

Did this lesson work for your child? Why or why not?