



# Setting the Table

## Ages 2 to 3 years

**Objective:** The child should begin to try to set the table after giving paper dishes and shown how.

### Materials needed:

Table placemat (print from resources page)

Paper plate, fork, spoon, bowl, cup, napkin

### Procedures:

1. Print out the table placemat and let your child color it.
2. Show them each paper item (listed above) and tell them the name of each.
3. Set the placemat down on the table and **MODEL** where each paper item goes for them first. You may need to assist with this a few times before letting them try.
4. Give them the paper items. Set them down at the table in front of the placemat



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and see if they can "set the table" just like you did.

5. At dinner time, do this activity frequently (putting the "model placemat" picture so they can follow along) and before you know it, they will be helping you get ready to eat and serving the meals, too! =)

#### **Milestones to meet:**

The child understands how to follow visual directions in setting the table? They can match real items to the pictures on a placemat?

#### **Evaluation:**

Did this lesson work for your child? Why or why not?