



Outside Exploration

Ages 4 to 5 years

Objective: The child will explore outside nature while using their senses.

Materials needed:

You and your child

Outside (with a lot of nature for exploration)

A brown paper bag or Ziploc Bag

Scotch Tape

Procedures:

1. Hand your child their bag. Find a good place outside to explore all sorts of things.
2. Look for things like rocks, sticks, leaves, grass, dirt, flowers, and bugs.
3. As you explore, have your child collect the items and put them in the bags. Of course you will not be able to collect the bugs, they are just for sight-seeing!
4. Put a piece of tape around your child's wrist. Sticky side up! They can collect nature and stick it to their "bracelets."



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Make sure you say the names of each item you find to help associate for building early language

development.

4. Let your child explore on their own. See what they can find. Put them in the bags.

5. When you go back inside, put all of the items out to look at in an open area. (table in kitchen)

6. Have your child feel and look at all of the nature. Repeat what each item is you found and use verbs to describe them. You can have them classify the items according to similar and different attributes (colors, sizes, shapes, parts of nature) to turn it into a Math and Science lesson.

Milestones to meet:

The child uses their senses to associate items in nature to their prior knowledge.

Evaluation:

Did this lesson work for your child? Why or why not?