



Copy Cat

Ages 3 years—4 years

Objective: The child should be able to follow the directions when asked and imitate visual cues using their body.

Materials needed:

Just you and your child!

Procedures:

1. Get in a quiet, open area with your child.
2. Explain to them that they are going to have to follow directions using their body to imitate what they see you doing.
3. Do the actions on the list on the next page to your child. Have them repeat the action after you, then tell you what they are doing using their words.
4. Have them "copy cat" your directions!
5. Continue until all of the directions on the list have been done, shown, imitated and said.



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Copy Cat List Directions: Do each action—have child do it with you—then ask child, “what are we doing?” (child A: = child answers to you)

- Pretend you are eating (child A: “eating”)
- Pretend you are typing (child A: “typing on a computer”)
- Lay on the floor and close your eyes (child A: “sleeping”)
- Start meowing (child A: “we are a cat”)
- Pretend to be throwing a football (child A: “we are throwing a ball”)
- Pretend to be washing yourself (child A: “we are taking a bath”)
- Start galloping like a horse (child A: “we are a horse”)
- Pretend to read a book (child A: “reading book”)



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Make up your own visual directions to do with your child and have them mimic your actions. Always ask child, "what are we doing?" to build comprehension skills.

Milestones to meet:

Does the child understand how to follow directions according to visual imitation? The child can mimic the actions of an adult and tell you what they are doing. The child builds visual comprehension skills.

Evaluation:

Did this lesson work for your child? Why or why not?