



Tearing Tissue Paper

Ages 1 year—2 years

Objective: The child can use build fine-motor skills by tearing tissue paper into pieces.

Materials needed:

Tissue paper (any colors)

Large bag (Gift bag will do)

Procedures

1. Sit with your child on the floor for this activity.
2. Show them first how and what you want them to do. Start tearing the tissue paper into pieces.
3. Help their hands to guide them how to grab the tissue paper and tear it.
4. Watch as they try to do it on their own.
5. Encourage your child until all of the tissue paper has been torn up.
6. For more fun, teach and encourage them to put the torn up tissue paper inside of the bag. Sing a holiday song, such as 'Jingle Bells' or 'Frosty the Snowman' while you do this together! This is a good activity that is easy to build skills in your child such as "following directions".



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Milestones to meet:

The child can use fine-motor skills and hand-eye coordination to tear tissue paper up into pieces. The child can put the paper into a bag as a form of following visual directions.

Evaluation:

Did this lesson work for your child? Why or why not?