



Stickers On Me

Ages 1 year—2 years

Objective: The child demonstrates the ability to use fine-motor skills to pull stickers off of their feet, legs, hands, and the floor.

Materials needed:

Stickers (Holiday stickers preferred)

Procedures

1. Sit on the floor with your child.
2. Begin by putting one or two stickers at a time on your child's feet. Watch as they will NOT want them to be on them, so they will be encouraged to want to pull them off.
3. Now keep putting stickers on them; their legs, feet, arms, and hands.
4. Encourage your child to get the stickers and pull them off. This activity will build fine-motor skills!
5. Now put the stickers on the carpet and encourage your child to pull the stickers off. For older 1 year olds, have child try and peel the stickers off & stick them to carpet themselves.



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6. Continue activity until child no longer shows any more interest.

Milestones to meet:

The child uses fine-motor skills and shows the ability to pull stickers off of their body and the carpet. The child shows a willingness to peel stickers and stick them to the carpet.

Evaluation:

Did this lesson work for your child? Why or why not?