



Marshmallows in a Cup

Ages 2 years—3 years

Objective: The child is able to use hand-eye coordination and fine-motor skills by picking up marshmallows and putting them in and out of a cup.

Materials needed:

Large plastic cup

Large marshmallows (about 10-15 is enough)

Procedures

1. Sit with your child on the floor for this activity.
2. Say the words while showing your child to build object association and language skills. Hold up the cup and marshmallows and ask your child what each of them are, using their words to tell you.
3. Show them what to do first and then encourage them to do it with you.

Pick up one large marshmallow at a time and put it inside of the cup. While you teach and show your child what you want them to do, say to child what you are doing so they can learn using visual and auditory development. Such as saying to your child: "Can you get a marshmallow and put it inside of the cup? How many did we put inside the cup?"



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5. Continue to help teach and say to your child to put all of the marshmallows inside of the cup until all are in.

6. Then, encourage them to then take them all out of the cup too!

7. For extended learning: Have your child count the marshmallows as they put them in the cup and take them out.

Milestones to meet:

The child can pick up marshmallows with their fingers. The child can put marshmallows inside of a cup. The child can take them out of the cup. The child shows a willingness to count marshmallows with you.

Evaluation:

Did this lesson work for your child? Why or why not?