



Marshmallows in a Cup

Ages 1 year—2 years

Objective: The child builds hand-eye coordination and fine-motor skills by picking up marshmallows and putting them in and out of a cup.

Materials needed:

Large plastic cup

Large marshmallows (about 10 is enough)

Procedures

1. Sit with your child on the floor for this activity.
2. Say the words while showing your child to build object association and language skills. Hold up the cup and say the word "cup" then hold up 1 large marshmallow and say the word "marshmallow" to your child. Ask child to repeat words after you.
3. Show them what to do first and then encourage them to do it with you. If they do not show willingness or capability on their own, help them and encourage them to do so.
4. Pick up one large marshmallow at a time and put it inside of the cup. While you teach and show your child what you want them to do, say to



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them what you are doing so they can learn using visual and auditory development. Such as saying to your child: "Can you get a marshmallow and put it inside of the cup?"

5. Continue to help teach and say to your child to put all of the marshmallows inside of the cup until all 10 are in. Then, encourage them to then take them all out of the cup too! Count the marshmallows to child as they take them out.

Milestones to meet:

The child can pick up marshmallows with their fingers. The child can put marshmallows inside of a cup. The child can take them out of the cup.

Evaluation:

Did this lesson work for your child? Why or why not?