



# Lights & Colors

## Ages 1 year—2 years

**Objective:** The child builds early learning colors after seeing & hearing them.

### **Materials needed:**

Christmas Lights Colors (printable)

Optional: Baby food (variety of colors)

### **Procedures**

1. Sit your child in their highchair for this activity to avoid moving away or distractions.
2. You are going to hold up the printable sheet to show your child, point to each color one at a time while saying the colors name out loud.
3. Then point to the color word and say the name of the color again. Point to each letter spelling out the color word.
4. Do this same thing repeating teaching steps in #2 and 3 until all colors have been taught to your child.
5. For extra fun with colors—let your child finger-paint freely on their highchair tray with some different colors of baby food sauce. Don't forget to take off their shirt to avoid mess!!!



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### **Milestones to meet:**

The child learns colors. The child builds tactile awareness by finger painting with food sauces.

### **Evaluation:**

Did this lesson work for your child? Why or why not?