



Ice & Snow

Ages 1 year—2 years

Objective: The child uses fine-motor skills to pick up pieces of ice and make finger prints in whipped cream to build tactile development.

Materials needed:

- Frozen ice cubes
- Whipped cream (do not do or use if your child is allergic to it)

Procedures

1. Have your child sit in their highchair wearing old clothes or go shirtless, for this activity will get messy!
2. Start with the ice cubes. Lay a few on the tray in front of your child. Encourage your child to try and grab at them, picking them up. Talk to your child about how they feel "cold and wet." Model to show them how to pick them up with your hands. This builds hand-eye coordination.
3. Now take the ice cubes off of the tray and spray a small amount of whipped cream out.
4. Take your fingers and hands to smear it around on the tray. Help your child touch and feel it.



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5. You can make letters or shapes in the whipped cream with your finger to teach your child. You can “write-out” the letters in their name, spelling their name to them.

6. It is safe enough if it does end up in their mouth, unless they are allergic to it. We encourage you to pull their hands away as necessary and re-direct to finger play in it only.

Milestones to meet:

The child can grab at ice and pick it up to build fine-motor and hand-eye coordination skills. The child uses their sense of touch and textures to explore in whipped cream using their fingers and hands.

Evaluation:

Did this lesson work for your child? Why or why not?