



# Handprint Ornament

## Ages 1 year—2 years

**Objective:** The child will participate in creating a handprint of their hand using our dough recipe.

### **Materials needed:**

4 cups flour; 1 cup salt; 1 1/2 cups water (recipe ingredients for dough)

Your child's hand

String, Yarn, or Ribbon

Plastic Knife

Optional: Paint, spray glitter, & Polyurethane spray

### **Procedures:**

1. Before hand, you will have to make the dough recipe [HERE](#)
2. Flatten it out like a pancake on your child's highchair tray or flat surface (use the excess flour to put down first so it does not stick)
3. Slowly, hold your child's hand open wide and make their handprint in the dough; press down slightly—not all the way, just enough to make the print visible. You can use the plastic knife to carve around their hand for extra definition.



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4. Using a small plastic knife, carve their name in the dough underneath their handprint.

5. Poke a small hole at the top of the dough ornament so you can string it later.

6. Bake in the oven on 325\* for 20-30 minutes OR until it is dried looking. (not cracking) Take it out and let cool completely.

7. You can paint it or use spray glitter if desired!

8. Use ribbon, string, or yarn to lace through the hole and hang up on the tree as your child's ornament keepsake this holiday season! On the back of it, don't forget to write the year/date with a black sharpie marker!

9. Happy holidays!

### **Milestones to meet:**

The child makes a handprint in dough.

### **Evaluation:**

Did this lesson work for your child? Why or why not?