



Gift Box Tear

Ages 1 year—2 years

Objective: The child can use fine-motor skills when tearing paper off of a box.

Materials needed:

Box wrapped in wrapping paper

Procedures

1. Sit with your child on the floor for this activity. Pre-wrap an empty box with wrapping paper.
2. Show them first how and what you want them to do. Start pulling the paper off the box as if you are un-wrapping a present.
3. Guide them with positive praise to help you pull all of the paper off of the box.
4. Encourage them to do it on their own.
5. Once you both have accomplished un-wrapping the box and pulling off all of the paper, open the box. Encourage your child to open the box on their own.
6. For more fun, put stuff inside of the box, like small toys, for your child to find inside and pull out after opened! Encourage your child to close the box, too! Open, close, open, close....



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Milestones to meet:

The child can use fine-motor skills and hand-eye coordination by tearing paper off of a box. The child can open and close a box on their own. The child shows object permanence by pulling items out of a box as discovery play.

Evaluation:

Did this lesson work for your child? Why or why not?