



Finger Painting a Tree

Ages 1 year—2 years

Objective: The child can build fine-motor skills and uses senses to finger paint a tree craft.

Materials needed:

Christmas Tree (printable)

Green baby food—peas or green beans (for finger paint)

Procedures

1. Have your child sit in their highchair for this lesson and go shirtless or wear old clothing, for it will get messy!
2. Put the tree printable in front of your child on their tray. Say the word while pointing to the picture "Tree" to your child. Ask child: "Can you say tree?"
3. Spoon out small amounts of the green baby food on the tree sheet.
4. Show your child to model what it is you want them to do. Take your finger and spread the food (paint) around on the tree; finger painting it.
5. Watch as your infant will try to do it with you. Encourage them!



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5. Continue finger painting the tree with your child until they no longer show any interest.

6. It is okay if they put it in their mouth; that is why we're using baby food, safe to eat! This is also how they learn, through taste and touch!

Milestones to meet:

The child can use fine-motor skills and hand-eye coordination by touching green food and smearing it around on a tree picture. The child builds creativity skills.

Evaluation:

Did this lesson work for your child? Why or why not?