## **Magic List... Discipline Alternatives**

- Anticipate trouble
- Distract to a positive model
- Give gentle reminders
- Inject humor
- Offer some choices
- Give praise or compliments
- Offer encouragement
- Clarify messages
- Overlook small annoyances
- Redirect behavior
- Deliberately ignore provocations
- Reconsider the situation
- Point out natural, or logical consequences to actions
- Provide renewal time
- Give hugs and caring
- Arrange discussion among the children
- Provide discussion with an adult
- Separate disruptive behavior, or children from distractions
- Modify tone of voice frequently to catch the children's attention and keep them curious to listen