

In This Home... We have house rules. And when we break them... we have to take a trip to visit the sticks and read them together. We have to talk about each of them, and give examples of how we can follow these. Even when my child is having a meltdown about something not even relatable, we visit the sticks. Center ourselves around our family's morals, values, and rules. The mood instantly changes. And no one had to yell. Blessings from our family, to yours. - Kristin M., Founder



## Our House "Sticks"

