



# Trash Pick-up

## 2 year—3 years

**Objective:** The child uses fine-motor skills through finding trash and throwing them in a bucket to pick it up.

**Materials needed:**

Any kind of paper materials at home:

- \* White sheets of paper
- \* Construction paper
- \* Tissue paper
- \* Foil
- \* Plastic wrap
- \* Sand paper
- \* Sticky note paper
- \* Wax paper
- \* Photo glossy paper

**Procedures:**

1. With your child, have them put any of the above listed paper around the floor in a large open area. You can choose to crumble the paper up to look like trash, make paper trash balls, or tear it up.



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2. Explain to child they are going to find all the trash, pick it up, and then aim for the trashcan bucket like they are throwing it away.

3. The fun part: Instead of just having your child throw the trash away, play a game of indoor trash basketball.

4. After the child picks up a piece of trash, have them stand about 3-4 feet away from a large bucket or open trash can and practice throwing it in there.

5. Continue doing this "trash pick up and throw away" game until all the trash has been cleaned up.

### **Milestones to meet:**

The child can use fine-motor skills to pick up trash.

The child uses gross-motor skills to throw trash into an open bucket or can. The child can help clean up.

### **Evaluation:**

Did this lesson work for your child? Why or why not?