



# Stacking Tongue Depressors

## 2 years to 3 years

**Objective:** The child can use fine-motor skills through picking up tongue depressors, and can stack them up vertically on their own.

### **Materials needed:**

Tongue depressors (or popsicle sticks) At least 20

### **Procedures:**

1. The goal of this lesson is to help build fine-motor abilities of picking up, pinching with two fingers, and stacking objects on top of each other vertically.
2. While sitting on the floor with your child, put out all of the tongue depressors (popsicle sticks) for them to freely explore with on their own. Watch to see what your child does with them.
3. Now show them they can stack them one on top of the other.



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4. Continue stacking them on top of each other,. Encourage child to try and stack them up together.

5. Show your child you can bang two depressors (sticks) together making "music" noise with them. See what they do; or if they try to repeat you.

6. Ask your child what they can do using the tongue depressor sticks? Can they build with them? Make letters or shapes on the floor with them? Can they line them up in a horizontal row flat on the floor?

### **Milestones to meet:**

The child can use fine-motor development in picking up objects and can stack objects up vertically. The child can mimic the actions of an adult. The child shows creativity in use of the tongue depressors.

### **Evaluation:**

Did this lesson work for your child? Why or why not?