



Tearing Trash

1 year to 2 years

Objective: The child uses sensory awareness and fine-motor skills through manipulating types of paper.

Materials needed:

Any kind of paper materials at home:

- * White sheets of paper
- * Construction paper
- * Tissue paper
- * Foil
- * Plastic wrap
- * Sand paper
- * Sticky note paper
- * Wax paper
- * Photo glossy paper

Procedures:

1. Allow your child to sit in a large open space, putting all, or any, of the types of papers listed above. Have other kinds of papers around the house? Be creative and use them for your child to learn and discover with.



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2. MONITOR this activity AT ALL TIMES to avoid your child putting the paper in their mouths.

3. This purpose of this paper activity is to allow the child to experience the different textures, colors, weights, and forms paper can come in.

4. Show them you can manipulate the papers. Such as: tearing the tissue paper, crumpling the foil paper and plastic wrap, folding the white paper and construction paper, feeling the rough sand paper or the silky smooth photo paper, and peeling off the sticky note paper to stick onto the other papers.

5. Allow your child to play, learn, and discover with the different papers on their own freely.

Milestones to meet:

The child can discover with different types of paper. The child shows a willingness to manipulate different kinds of papers in a variety of fine-motor ways.

Evaluation:

Did this lesson work for your child? Why or why not?