



Parent Safety Talk

4 years to 5 years

Objective: The child will be able to discuss with their parents about safety situations and build new knowledge with their prior knowledge after answering safety questions.

Materials needed:

Parent Safety Talk Questions (use/print from resources page)

Procedures:

1. Sit with your child on the couch or at the family table at dinner time.
2. Discuss with your child this lesson plan together as a family.
3. Go through each safety question or statement on the printout, asking/saying it to your child and having them answer with their own thoughts. If they do not answer or can't think of the answer, help them by giving them hints to possible answers. (as provided)



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4. Complete all questions and statements with your child until they have all been gone through.

5. Ask your child what being safe means to them?

Brainstorm with your child other ways (not listed or mentioned on the printout sheet) that you can stay safe or keep your body safe from harmful things?

6. Optional Extension Activity: Have your child tell you three items you wear that helps protect them and why, where, & when they are worn? (i.e. A helmet. It is worn on our head to help protect us if we fall off a bike.)

Milestones to meet:

The child uses social skills to talk with others about safety situations and what to do. The child can answer a question or finish a statement with their own thoughts.

Evaluation:

Did this lesson work for your child? Why or why not?