



Map It Out, Clean It Up

4 years to 5 years

Objective: The child will visual follow directions after seeing a map of their bedroom and the areas they need to clean.

Materials needed:

White paper

Marker (or something to write with)

Yellow highlighter

A dirty child's bedroom that needs to be cleaned!!!

Procedures:

1. Using the white sheet of paper and markers, turn the paper sideways and draw a brief sketch of your child's bedroom. Use simple shapes for the furniture and/or large objects.
2. Mark an "D" where the door of their bedroom may be and a "W" where the window is.
3. Make sure you draw on the map the items or things (such as toys all over the floor, or clothes that need to be put away) that you



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want your child to focus on while cleaning.

4. Circle those areas using the yellow highlighter.

5. Show your child the map of their bedroom. Go over it with them. Explain to them your

expectations by stating what the "yellow circles" mean. (i.e. You want your child to clean the areas that are circled in yellow)

6. Time your child. Set the oven timer to 10 minutes. Tell child that if they can "beat the clock" and clean up their room using the map, they get a reward. (TV time, candy, ice cream, outside, ect.)

7. Have them go and do! Ready, set, time!

8. Reward child if they clean it in 10 minutes or less, beating the clock! Good for them!

Milestones to meet:

The child can follow directions. The child can visually follow directions using a map as a guide. The child can clean up their own room.

Evaluation:

Did this lesson work for your child? Why or why not?