



Making Music

1 year—2 years

Objective: The infant is beginning to understand that objects can make sound.

Materials needed: (any/all of the following)

Medal Pots and Pans with wooden spoons

Empty bottles with rice and/or beans

Empty paper towel rolls (two is needed)

Ribbon and a long stick (tie it like a flag)

Sand paper and popsicle sticks

Procedures

1. Take any or all of the items above and put them together (1 year olds can help). Your child will be using these as "music instruments."
2. Turn on some kid-friendly music.
3. See if they can use their instrument to follow the beat and rhythm. Turn it to a fast song. Now a slow song. Model how to follow the beat and pace of a song with



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the music makers.

4. Let them grab and use their instruments for free play. This is where their creativity will grow and shine!

5. Another idea, you can add coloring. At a small table or highchair, give your child crayons and a white sheet of paper. Encourage them color to the beat of the music. Fast and slow music should allow for them to color according to the pace.

This helps with following directions and listening.

Milestones to meet:

The child listens to music and builds understanding of how to follow a beat, pattern, rhythm, & pace. The child can grab an object. The child can shake an instrument to make noise.

Evaluation:

Did this lesson work for your child? Why or why not?