



Getting To Know You

2 years to 3 years

Objective: The child develops self-awareness and can recognize their name.

Materials needed:

Yourself and your child!

Mirror

Optional: <http://www.starfall.com/n/level-b/me/load.htm?f> Visit this website with your child to do a fun, self-awareness activity online

Procedures:

1. In front of a mirror, start saying your child's first name slowly. Ask them to say their name slowly repeating along with you.
2. Now say their whole name this same way; first, middle, and last. Ask them to repeat.
3. Now ask them whether they are a boy or a girl. (i.e. "Are you a girl? Mommy is a girl." OR "Are you are a boy? Daddy is a boy.")
4. Now point to their body parts and ask them what each of their names are. (i.e. While you point to their eyes, ask them "What are these called?" Help them answer if needed)



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Body parts to point and say to child:

Nose, ears, eyes, mouth, hands, feet, belly, head, fingers, toes, legs, arms, neck

5. Now describe them in 3 simple ways; using 3 simple, short phrases. Such as: "You are so smart. You are so pretty. Look how tall you are."

This kind of teaching style for a child helps increase their awareness for words being spoken; not to forget it compliments them; just the tone of your voice an child can make the connection of "friendly" speech.

6. Last, show them a picture of themselves. Ask them who it is and where each of their body parts are again, pointing to them to show you.

Milestones to meet:

The child makes awareness of themselves. The child can say their own name & recognize/say body parts.

Evaluation:

Did this lesson work for your child? Why or why not?