



# Fire Truck Ketchup Finger Painting 1 year to 2 years

**Objective:** The child can use fine-motor skills and creativity through finger painting a picture.

## **Materials needed:**

Fire truck Cutout (print from resources page)  
Ketchup  
Paper plate

## **Procedures:**

1. SUPERVISION OF THIS ACTIVITY IS REQUIRED AT ALL TIMES. Try to avoid your child putting any of the ketchup in their mouths; if they do so, redirect them to painting and move their hands away from their mouth. Ketchup is safe enough that if some does end up in their mouth it will not be harmful unless they are allergic to it; though we recommend you try to avoid it if possible.



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2. Have your child go shirtless and sit in their highchair for this activity, it will be messy!
3. On a paper plate, put down one drop of ketchup.
4. Put the fire truck cutout picture in front of them on the tray.
5. Show them what to do; dip one finger in the ketchup, and paint on the fire truck picture.
6. Help their hands and fingers as needed, let them freely finger paint on their to learn and discover.

KETCHUP-A fun, no cost way to have fun, for any child! Really...how many times a day do you get to play with your food? How fun!

### **Milestones to meet:**

The child can use tactile development through touching, finger painting, and building fine-motor skills. The child can use their fingers to paint.

### **Evaluation:**

Did this lesson work for your child? Why or why not?