

Objective: The child builds early math skills and life-skills in learning how to make a dessert and prepare it for snack time.

Materials needed:

Box of Jello mix (any flavor/color)

Ice Cube Trays (about 2 is enough)

Procedures

IMPORTANT: Begin this activity in the morning with child, to have it ready and prepared for afternoon snack time. Will need a few hours to harden in the refrigerator.

- 1. First, with your child you are going to help them follow directions to make Jello with you in a bowl.
- 2. Follow the directions to make the Jello listed on the back of the box. Have child stir it up!
- 3. Then, parent will do this part, pour the liquid Jello mix carefully into the ice cube trays. Put in fridge for a few hours to harden.



- 4. During afternoon snack time, help your child take out the Jello molds from the ice cube tray onto a large plate or bowl.
- 5. Teach child how to count the Jello mold "ice cubes" to see how many there are all together.
- 6. Talk about what color they are.
- 7. Allow child to feel them with their hands and build language development (opposite words) by asking them how it feels. Cold or hot? Hard or soft? Rough or smooth? Wet or dry? Big or small? 8. Allow child to eat the Jello ice cube molds for snack time!

Milestones to meet:

The child begins to learn how to follow directions to prepare a snack. The child can stir something up. The child builds language development.

Evaluation:

Did this lesson work for your child? Why or why not?