



Helping Clean Up

2 year—3 years

Objective: The child builds early awareness and life-skills through helping their parents.

Materials needed:

Areas to clean up around the house or yard

Procedures:

1. Explain to your child that they will be helping you clean up around the house today.
2. Give them options on the next page of which chores they would like to help you with around the house today.
3. Build language in your child by teaching them this clean-up song. "Clean up, clean up, everybody everywhere. Clean up, clean up everybody does their share."
4. You may have them choose to do more than one helping task throughout the day. This activity teaches life-skills, helping, and personal responsibility.



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Helping Tasks to choose from:

1. Take out the trash
2. Sweep the floors
3. Mop the floors
4. Help with laundry
5. Wipe down tables and furniture (dusting)
6. Sweep the outside porch
7. Water the plants
8. Help make dinner or lunch
9. Help make cookies and take to the local nursing home, fire station, or children's hospital.

Milestones to meet:

The child shows life-skills of helping and cleaning up. The child learns through watching others and mimicking actions. The child learns responsibility.

Evaluation:

Did this lesson work for your child? Why or why not?