



Help in our Community

2 year—3 years

Objective: The child builds early awareness and life-skills through helping around their community.

Materials needed:

Areas to help out around the community

Procedures:

1. Explain to your child that they will be helping others.
2. Give them options on the next page of which things they would like to help you with around the community or with others today.
3. You may have them choose to do more than one helping task throughout the day. This activity teaches life-skills, community awareness, helping others, social skills, and personal responsibility.



Help in our Community

2 year—3 years

Helping Tasks in our community to choose from:

1. Help pick up trash at a local park.
2. Take box and canned foods to a local food pantry or food shelter.
3. Have child put old clothes in a bag/box and take it to the Salvation Army or Goodwill store.
4. Have child paint pictures and take them to the children's hospital or nursing home nearby to donate as decoration for them in their rooms.
5. Help make cookies and take to the local nursing home, fire station, or children's hospital.

Milestones to meet:

The child shows life-skills of helping others in their community. The child learns responsibility. The child helps with tasks and is able to follow through.

Evaluation:

Did this lesson work for your child? Why or why not?