



Letters in my Name

Ages 1 year—2 years

Objective: The child is introduced to the letters in their name after exploring them on their body.

Materials needed:

Sticker Letters (You can find these at any craft stores such as Michael's, Wal-Mart, or most Dollar Stores) Foam Letter Sticker pads are great!

Procedures:

1. Peel the stickers in your child's name and put on their legs and feet.
2. As you do so, say that letter's name to your child.
3. Put on all the letters in your child's name and then encourage your infant to peel them off, building fine-motor skills.
4. Now put all of the letters in your child's name on a carpeted area. Put them in order spelling out their full first name, while saying each letter out loud as you do so.
5. Afterwards, encourage your child to pull



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up the letters off of the carpet, to build fine-motor skills.

Milestones to meet:

The child is introduced to letters in their name. The child listens to letters & sounds of their name spelled out. The child can use their fingers, building fine-motor skills, to pull stickers off of their legs/feet and carpet.

Evaluation:

Did this lesson work for your child? Why or why not?