



# Choose Your Letter

## Ages 1 year—2 years

**Objective:** The child is introduced to the first letter in their name after parent uses a snack food to create it in front of them.

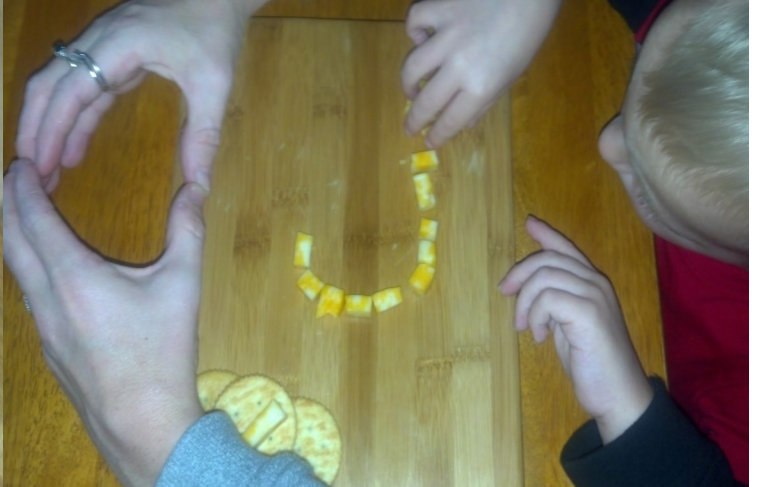
### Materials needed:

Crackers (5)

Cheese (any kind-cut cheese into small cube blocks)

### Procedures:

1. Put child in their high chair, or at small table, for this learning activity.
2. Using the cheese cubes, make the first letter in your child's name in front of them.
3. Say the letter to teach.
4. Using the crackers, count them to your child, while pointing to them as you do so.
5. You can choose to make other letters using the cheese cubes to show and tell to your child for teaching purposes.
6. View the picture on next page for example!





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5. If appropriate and given your permission, have child eat crackers and cheese for snack time!

### **Milestones to meet:**

The child is introduced to letters. The child builds awareness for the first letter in their name. The child builds math skills through hearing numbers counted 1-5.

### **Evaluation:**

Did this lesson work for your child? Why or why not?