



# A is for Apple

## Ages 3 years to 4 years

**Objective:** The child can recognize the letter A.

**Materials needed:**

Applesauce

A is for Applesauce (printable)

Paint brush and a bowl

Apple

**Procedures:**

1. Show your child the letter A on the printable.
2. Tell them, "This is the letter A. A says ah."  
Have them repeat same phrase. "A-Ah"
3. Show your child a real apple.
4. Ask them: What is this? What does it begin with? Say: "It begins with the letter A; ah is for apple." Now clap the word "apple." Count the syllables in the word (there are 2).
5. Put some applesauce in a bowl.
6. Encourage child to use paint brush and paint using the applesauce on the printable A sheet.



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9. Turn it into a Math Lesson: If you can, buy different colored apples and sort them based on their colors (red, yellow, and green).

10. You can make a bar graph with the apples and help your child categorize them. Count by color, see which colors has the most/least/middle, pattern the colors red-green-yellow-red-green-yellow, and cut the apples into half's discussing whole/half/fours. Don't forget to even count the seeds in the apple!

### **Milestones to meet:**

The child begins to recognize letters and begins to associate objects to a word/ beginning letter sound. The child can say the letter and sound. The child uses fine-motor skills to paint.

### **Evaluation:**

Did this lesson work for your child? Why or why not?