



A is for Apple

Ages 1 year—2 years

Objective: The child is introduced to the letter A.

Materials needed:

1 apple

A is for Applesauce (printable)

Applesauce

Crayons

Procedures:

1. Show your child the letter A on the printable.
2. Tell them, "This is the letter A. A says ah."
3. Show your child a real apple.
4. Tell them, "This is an apple. It begins with the letter A; 'ah' is for apple." If they can, have them hold the apple and explore its texture, smell, and taste. Talk about its color and shape.
5. Put your child in their high chair. Put the printable sheet on the tray. While helping their hands if needed, give your child a spoonful of applesauce on the tray. Show them how to use



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their fingers/hands to feel the applesauce and smear it around the sheet letter A. This is a form of finger painting. Continue activity until child no longer shows interest.

Milestones to meet:

The child is introduced to letters and begins to associate objects to a word/ beginning letter sound. The child uses fine-motor skills to begin using their fingers/hands as a form of painting.

Evaluation:

Did this lesson work for your child? Why or why not?