



# ABC Finger Paint

## Ages 1 year to 2 years

**Objective:** The child is introduced to the alphabet through art and paint.

**Materials needed:**

ABC Sheet (printable)

Finger paint—You can also use baby food as a form of paint if you want to keep it edible and safe

**Procedures:**

1. Have your child sit in their highchair for this activity. It requires getting messy with art! Either have them wear an old t-shirt or go without one!
2. Put the ABC sheet in front of your child. Ask them to repeat the letters ABC after you. Say: "Can you say A (and so forth)?" while pointing to each letter at a time.
3. Place one color of paint on a paper plate. Let them finger paint the letters ABC.
4. Help them if needed. Grab their hand or show them how to use your fingers to smear the "paint" on the letters on the paper.



# ABC Finger Paint

## Ages 1 year to 2 years

**Optional:** Write out your child's name on a white sheet of paper, saying each letter as you write it (spelling out their name). Ask them to repeat each letter out loud to you. At the end, ask them "what does that spell?" Have them say their name. Now, let your child finger paint their name! Making a personal connection helps develop a child's learning!

### **Milestones to meet:**

The child is introduced to letters. The child can use fine-motor skills to paint on the alphabet letters and letter in their name to make a personal connection. The child shows signs of creativity and expresses themselves through art.

### **Evaluation:**

Did this lesson work for your child? Why or why not?